

## Digging Deeper: Cosmic and Earthly Evolution for Farmers 2018-19 $\,$

Thursday evenings 7:00-8:30pm ET

Date	Topic	
	Pre-course reading	Read Chapters 1-3 of <i>An Outline of Esoteric Science</i>
Oct 25	Overview of evolution past and future The role of human beings, nature spirits and the kingdoms of nature	Read Chapter 4: Saturn Evolution
Nov 1	Saturn Evolution and understanding mineral consciousness The Spiritual Beings	Exercise: Carbon cycle
Nov 8	Details of Warmth Egg parallel with Farm Individuality	Read Chapter 4: Sun Evolution
Two-wee	ek break for BDA conference and Thanksgiving (US)	4)
Nov 29	Sun evolution and understanding plant consciousness	Exercise: Plant interaction with carbon
Dec 6	Three-fold Cosmology	Exercise: Look at Demeter and Persephone myth and end of Agriculture lecture 3
Dec 13	Moon evolution and understanding animal consciousness	Exercise: Follow idiosyncrasies of birds and insects around plants and animals
Dec 20	Parallel of humans and angels on Moon with nature spirits and humans on Earth	Exercise: Seasons as a transformation of consciousness
One-wee	ek Winter Break	
Jan 3	Earth evolution up to end of Atlantis	Exercise: Food and human evolution
Jan 10	Steiner and modern geology/archeology	Read from Chapter 4: Post-Atlantean Earth Evolution
Jan 17	Post-Atlantean Earth overview	Exercise: Tools and Technology on the Farm
Jan 24	Social Threefolding and Associative Economics	Exercise: Economic transparency in agriculture
Jan 31	Physical, Etheric, and Astral of Earth	Exercise: Internalizing the Sun
Feb 7	Participating in the Kingdoms of Nature	Exercise: Biography of the Land
Feb 14	Sharing and wrap up	