## **Notes from the Webinar Chat**

- Howard Garrett Youtube Videos good resources for climate/soil in Texas
- Consider reading all work by Viktor Schauberger, especially Hidden Nature: The Startling Insights Viktor Schauberger
- Pfieffer came up with Horn manure and called it 500 cause it has 500 million/billion
- Try www.biodynamics.in for non-european (Indian subcontinent) applications of biodynamics. Very informative website
- Question about compost pile being realistic in small areas was countered by a few comments:
  - I offer to mow my neighbor's lawns (for nitrogen) and rake their leaves (for carbon). I can gather plenty of materials for a pile approaching 4' in height
  - think about earth worms as "livestock"
  - All you need is 1 cubic meter
- Does it matter if the cows are corn fed?
  - Better if grass fed, pastured. But sometimes you have to use what is available. Manure from animals that are grain fed may need longer to compost
- I started my quest with online studies with Elaine Ingham, PhD, Life in the Soil class, then Compost, then Compost Tea. Highly recommend these courses.

Information on preparations and where to purchase them can be found here: <a href="https://www.biodynamics.com/preparations">https://www.biodynamics.com/preparations</a>

To find a regional group in you area that may be active in prep making, view this list: <a href="https://www.biodynamics.com/regional.html">https://www.biodynamics.com/regional.html</a>

Could I buy dried herbs, ex: dried nettles, and bury it to make my own? Or, does it have to be made from fresh nettles grown on the property?

- Dried Chamomile and Yarrow are fine to use
- Valeriana officinalis (Valerian) flowers used are ground up immediately after harvesting (so fresh is needed)
- Nettle fresh is needed for the bd preps, The whole top of the plant is collected in flower in June. Use aerial tops when young, prior to buds or flowering. Never harvest after flowers appear.